A Club for the man who enjoys being naked and free with other men....

LANG Food Groups:

Most LANG events involve sharing food. The general rule is to bring food to share with approximately four to five people. The type of food to bring is listed on the detailed description for each event. Some members share their heritage or interests in the selection of the food they bring. A few events have a theme to follow for food selection. Bring something you would like to eat at a party, feel free to be creative.

Snacks:

Snacks are food eaten between meals, most commonly listed for afternoon pool parties and outdoor activities during the warmer months. Popular snacks include chips and salsa or dip, cheese and crackers, assorted nuts, party mix, trail mix, fresh fruit, fresh vegetable assortment, sesame sticks, cookies, and mini muffins.

Hors d'oeuvres or Appetizers:

Hors d'oeuvres and appetizers are prepared finger food typically served before a meal or at a cocktail party, most commonly listed for evening cocktail parties. Popular hors d'oeuvres and appetizers include finger sandwiches, meats rolled with condiments, chicken wings, heated meat balls in sauce, little smokies, egg rolls, shrimp, sushi, taquitos, mini tacos, mini size quiche, mini pizzas, bread sticks with dipping sauce, vegetable assortment with a dip, melon assortment, fruit assortment, fresh guacamole with tortilla chips, cheese with crackers, pate with small rye bread.

Barbecue side dishes:

Barbecues are generally summer events. Members bring their own meat to barbecue or main dish. Typical barbecue side dishes to share include a lettuce salad, pasta salad, potato salad, three bean salad, fresh fruit, corn on the cob, home made biscuits, baked beans, chicken wings, chicken tenders, potato wedges, apple pie, cherry pie, brownies, homemade or deli cookies.

Potluck:

Potlucks are full meals that everyone contributes to. A potluck dish may be either a main dish or side dish that each member brings to be shared. Potlucks are a great time for those love cooking to show off their skills. Favorite items include casseroles, stir fry dishes, pasta dishes, chicken, sliced turkey, sliced roast beef, stew, green salad, pasta salad, potato salad, 3 bean salad, green beans, mashed potatoes and gravy, candied yams, broccoli, asparagus, rice dish, red potatoes, scalloped potatoes, tarts, eclairs, brownies, cakes, cheesecake and pies.

In an effort to avoid wasting food left over at the end of the event, hosts generally ask members and their guests to take any left over food they brought home with them.